



THRIVING MADLY

Celebrating life outside the box



Loren and Karen W

for their work on our social action hui - Payal for new groups

FEBRUARY 2025 NEWSLETTER-PANUI

CONNECTION-TŪHONONGA OPPORTUNITIES

Rāhina MON	Rātū TUES	Rāapa WEDS	Rāpare THUR	Rāmere FRI	Rāhoroi SAT	Rātapu SUN
					1	2
3 6pm Mutual Mad Metaphor Meaning Making Meetup	4	5 LOUNGE OPEN 10-3	6	7 LOUNGE OPEN 12-3	8 12.30-2 craftersnoon at pop up museum	9
10	11	12 LOUNGE OPEN 10-3	13	14 LOUNGE OPEN 12-3	15 12.30-3.30 Karakia, Waiata and Whakataukī workshop	16 10.30-12 Black dog walk
17	18	19 LOUNGE OPEN 10-3	20	21 LOUNGE OPEN 12-3	22	23 12.30-2 Co reflection
24	25 7-8.30pm Thriving Autistically	26 LOUNGE OPEN 10-3	27	28 LOUNGE OPEN 12-3		



Fairies
bubbles
plane
making
and races
available

Karakia, Waiata and Whakataukī workshop for all the whanau

Saturday 15th February - 12.30-3.30pm

Location: Room 2, Phillipstown Hub, 39 Nursery Road

Rhea is back!

Come and learn, sing and co create how we do Karakia, Waiata and Whakataukī within Thriving Madly register at admin@thrivingmadly.com

Thriving Madly Lounge

Level 1/12 Hazeldean Road, Addington, Christchurch
Open Wednesday 10am-3pm & Friday 12-3pm

for a chat with others in the community or hang out MHERC's library is also open during office hours as a safe quiet space to meet and Nicolas their librarian is generally around to connect with around resources, books etc



Event Information

SAVE THE DATE

Social action
Coffee and Koreo 14 March 10am-12
Who are we hui 11 March 12.30-2.30pm



BLACK DOG WALK

Sunday 16th Febuary 10.30am-12
Meet Opposite Christchurch South
Library in Beckenham on Colombo
Street. We will go for a short walk &
then connect together by the river.
There is the option to get refreshments
from CHCH South farmers market or the
cafe in the Library (parking in Ernlea
Terrace)

Black Dog Walk Off events are an opportunity to connect with other humans in an informal and gentle way. Join us for a walk with or without doggos as we connect! Please remember you don't need a dog to join us. Everyone is welcome!

CRAFTERNOON

Saturday 8th February - 12.30-2.30pm
Location: visit the pop up museum in
glousterster Street and view the
Wharenui Harikoa

Be inspired with our friendly relaxed environment to discuss our crafting possibilities for 2025. Meet at Pop up museum.



THRIVING AUTISTICALLY

Tuesday 25th February online 7-8.30pm
Location: Zoom link on Facebook TM
Event

This is a meeting for all autistic people (suspected autistic, self diagnosed or professionally diagnosed all welcome)

Mutual Mad Metaphor Meaning Making Meetup



Monday 3rd Febuary -
6pm, DM Payal Payal
for online link or
email
admin@thrivingmadly.com

If you identify as Mad, you are cordially (or maybe Milo-ly) invited to Meaning Making Metaphors of Madness. I have a feeling a co-created coming together of Mad Minds Mindful of Mutuality Might be Magical! Marvelous! Magnificent! You May bring MnMs, Mandarins, Mangos, Macadamias, Macarons, Macaroons, Macaroni, Milkshakes, Marmite, Miso, Mushrooms, Mochas, Mussels, Muesli or Muffins. This is all the food and drink beginning with "M" that I could think of, but actually, you can bring any food or drink you want. We could open and close with the Macarena?? It's gonna be Mint!



CO REFLECTION

Sunday 23rd Febuary - 12.30-2pm
Location: Room 2, Phillipstown Hub,
39 Nursery Road

For those who have done Intentional Peer Support training join us for face to face co reflection to connect, reflect and move forward with your Thriving Madly community.

Thriving Madly community

VISION - We believe that a community of mutual connection will further strengthen us to weather the storms of life, crafting beauty and wisdom that benefits not only ourselves and one another, but also the world we live in.

MISSION - Thriving Madly is a community that provides mutual connection, a voice for the marginalized and collective liberation. The community shares and celebrates the beauty and wisdom that is created while navigating the storms of life.

VALUES - *Manaakitanga* – mana enhancing, privileging the most marginalized, kindness, honour, aroha.

Rangatiratanga – self-determination, strengths, mutual contribution, collective liberation.

Whanaungatanga – relationships, mutual connection, belonging, inclusiveness, acceptance.

Āta – Purposefulness, intentionality, with care.

Wairua – vitality, vibrancy, creativity.

Do you have any skills, passions, things you may want to learn about, resources for the Thriving Madly Community, stories you would like to share, have an idea for the community or things you would like in the monthly newsletter please email admin@thrivingmadly.com I love feedback so let me know best ways to contact you,



Disability funding changes

Discussion on what would be helpful, resources, possibilities moving forward and how we can support each other

Facebook Group chats



Submissions group



Thanks to all that attended and facilitated the Hui for Mental Health Bill submission. If submissions is an area of interest that you would like to know more about let us know admin@thrivingmadly.com. This is an area of growth for us all and would be great to keep learning together so we can be heard by government.

Sustaining Tenancies



If you are a human who believes people should be housed, we'd love to have you! Thanks Hellina(Angle) & Payal

SPECIAL THANKS TO OUR FUNDERS



**NŌKU TE
AO PUNA
PŪTEA**



Social Action and Protest:

A face book chat to share information on social action and protests happening around the motu. Organise possible meet ups for marches.

WELCOME

Andrea, Les, Debbie, Michelle, Kez, Liz, Gareth, Linda, Rachael



Training Opportunities

Email admin@thrivingmadly.com to register your interest



**Intentional Peer Support
Intro - Date TBA 2025**

Wednesday 9am - 2.30pm.
We like new contributors who haven't done Intentional Peer Support training to attend as this is the foundation of how we communicate in Thriving Madly community and also if you those who would like to refresh their skills.